

# SOUTHSHORE TIMES

[www.southshore-center.org](http://www.southshore-center.org)

February-April 2013

5735 Country Club Road, Shorewood MN 55331

952-474-7635



## What's New This Month?

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## SSSP Board Members

**President:** Bob Newman

**Members:** - Tena Brandhorst  
Linda Freeman Sandy Hotvet  
Joanne Schmid - Catherine Turner  
Howard Young -Theresa Zerby



## 'Southshore Sizzle' Fundraiser

Saturday, February 23 - 6:00pm

### "Iron Chef Competition"

between local chefs of

Hazellewood, Biella, Deli by the Bay & others  
vying for the title & traveling trophy recognition of the 2013

### "Southshore Sizzle Iron Chef"

**Cost:** Pre-sold Tickets/\$25pp -OR- Tickets at the door/\$30pp

**Space is Limited!**



Awards also for **"Most Creative", Most Flavorful, & Best Presentation"**.  
Each Chef/Restaurant entered will showcase their culinary skills in a cooking competition that will be judged by local surprise **"Celebrity Judges"**.  
**Join us for this exceptional evening of entertainment, sample some small bites, enjoy a wine tasting, and the sounds of our Frank Sinatra impersonator.**

Proceeds will benefit:

**Southshore Center Technology Drive & the ICA Food Shelf**  
**Food Donations welcome at the door**

## Valentine's Day Party & Luncheon

**featuring James Shaw on the piano as he croons romantic Valentine's Day melodies for all you sweethearts at heart !**

Come to the Southshore Center for an 11am show followed by a special Sweetheart Lunch/Coq au Vin with all the extravagant trimmings!

Ticket/Lunch \$7 per person (no punch cards)

## Spring Garden Fair

Saturday, March 16, 2013

For novice and master gardeners alike!

**Spring Garden Fair Sat, March 16**

**8:30am-3:00pm \$25 registration**

Designed for gardeners of all levels – novice and master alike! Registration includes entry to the informative event, catered lunch, swag bags, etc.

**Featuring a variety of topics and speakers from:**

- ♥ Fairy Garden Demos with Holaseks
- ♥ Landscaping Mistakes to Avoid with Jim Calkins
- ♥ MN Perennials with Mike Hager
- ♥ Backyard Vegetable Gardening with Susan Wetterall
- ♥ The Keeping of Bees with Lucinda Kircher

*Visit an array of vendors, ask the experts and more!*

Call the Center for information 952-474-7635 Visit the Website [www.Southshore-center.org](http://www.Southshore-center.org) or stop by 5735 Country Club Road, Shorewood MN 55331



**Join our "SouthShore Quilt Group"!**  
**Beginners to Advanced Quilters Welcome!**  
**Wednesdays 9:00 am - 11:00am**



We finished the "Flag Quilt" being used in the our Dining Hall and presently have started making "State Quilt Blocks of our 50 States" - **Guidance provided on all projects!**  
 Donations of fabric and quilting items appreciated!

**We need your support in order to keep our group active at the Center!**  
**Call the Center at 952-474-7635 or Linda Verner 952-475-1430 for details.**

### UPCOMING CLASSES

<b>KALEIDOSCOPE CLASS</b>	<b>\$35</b>	<b>Mondays, February 11-March 4</b>
A quilt can be passed down for generations and can become a treasured family possession.		
For this reason, a Beginner's Quilt Class is being offered for all wishing to make lasting memories		
<b>BEGINNERS QUILT CLASS</b>	<b>\$35</b>	<b>Mondays, March 11-25</b>



**Lake Minnetonka VFW Post meets at the SouthShore Center**  
**the 2<sup>nd</sup> Wed of each month @ 7PM,**  
**Join them for some good camaraderie!"**

Volunteers also needed as:

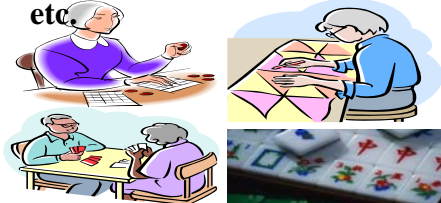
- ♥ Board members,
- ♥ kitchen help,
- ♥ help with mailings
- ♥ programming committee,
- etc.

**PLEASE VOLUNTEER!**



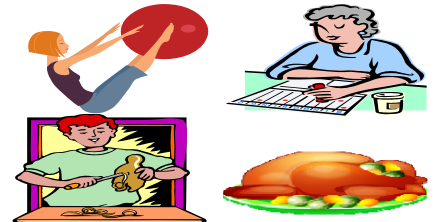
**Our volunteers make our programs at SouthShore Center a success !**

We continue to offer to pay your fare to return home, if you take the transit link to the center.



### On-Going Activities at the Center

- Card Games \* Bingo \* Mahjong
- \*Card Crafting \* Wood Carving \*
- \*Quilting \* Exercise Classes \*



## TED Talks

Join us in watching and discussing (maybe debating) interesting subjects at our monthly TED Talks presentation. Enjoy the free lecture and stay for lunch (see menu).

Be sure to call the SouthShore Center ahead for lunch reservations at 952-474-7635

**Thursday, February 21st 11:00am Will Our Kids be a Different Species?**

A video replay of a TED lecture by **Juan Enriquez** who says that since humans have evolved throughout history, could we be in mid-upgrade now? There is evidence that suggests that rapid evolution may be underway. Is the exposure of our kids to modern echnology changing their genes?

**Thursday, March 14th 11:00am How to Discuss Race**

A video replay of a TED Talk by **DJ Jay Smooth**, a New York City Hip-Hop Radio DJ, acclaimed commentator on politics & culture. He uses the issue of how to talk about race & racism to get at the subject of how people can be "good people" and "imperfect" at the same time!

**Tuesday, April 23rd 11:00am Safety, is it an illusion?**

Call the Center for information 952-474-7635 Visit the Website [www.Southshore-center.org](http://www.Southshore-center.org) or stop by 5735 Country Club Road, Shorewood MN 55331

# SouthShore Center Calendar

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## FEBRUARY 2013

	Mon	Tue	Wed	Thu	Fri	Sat
3	4 8:15 Dance/Ball Fitness <b>9-11 Quilting Class (TBA)</b> 12:45 Discovery Book Club 10:00 Tai-Chi 9a-2p AARP Taxes	5 9:00 Card Crafters 9:30 Wood Carvers 11:45 Lunch 12:30 Eureka City Band 1:00pm Cards 500 6:30pm - Kick Boxing	6 8:15 Dance Fitness <b>9:00-11:00 Quilting Grp</b> 1:00 Mahjong 6:30pm - Zumba	7 11:45-Lunch 1:00 Bridge	8 8:15-9:15 Dance/Ball Fitness 1:00 Bingo	9 8:15-9:15 Dance/Ball Fitness 1:00 Bingo
10	11 8:15 Dance/Ball Fitness <b>9-11 Kaleidoscope Quilt Class</b> 10:00 Pinterest Craft Grp 12:45 Discovery Book Club 10:00 Tai-Chi 9a-2p Taxes	12 <b>Lincoln's Birthday</b> 9:00 Card Crafters 9:30 Wood Carvers 11:45 Lunch 12:30 Eureka City Band 1:00pm Cards 500 <b>5:30 AAA Refresher Class</b> <b>6pm - Fused Glass Studio</b>	13 <b>Ash Wednesday</b> 8:15 Dance Fitness <b>9:00-11:00 Quilting Grp</b> <b>930a-12 Cont Watercolor</b> <b>1-330p Beg Watercolor</b> 1:00 Mahjong 6:30pm - Zumba <b>7PM Lake Mtka VFW Post</b>	14 <b>Valentine's Day</b> <b>11a James Shaw VDay Show!</b> <b>11:45-Lunch</b> 1:00 Bridge	15 8:15-9:15 Dance/Ball Fitness 1:00 Bingo	16
17	18 <b>President's Day</b> <b>Center Closed for Holiday</b>  <b>Happy Feet (by appt only)</b>	19 9:00 Card Crafters 9:30 Wood Carvers 11:45 Lunch 12:30 Eureka City Band 1:00pm Cards 500 6:30pm - Kick Boxing	20 8:15 Dance Fitness <b>9:00-11:00 Quilting Grp</b> <b>930a-12p Cont Watercolor</b> <b>1-330p Beg Watercolor</b> 1:00 Mahjong 6:30pm - Zumba	21 11:45-Lunch 1:00 Bridge	22 8:15-9:15 Dance/Ball Fitness 1:00 Bingo	23 6:00pm <b>SouthShore Sizzle</b>
24	25 8:15 Dance/Ball Fitness <b>9-11 Kaleidoscope Quilt Class</b> 12:45 Discovery Book Club 10:00 Tai-Chi 9a-2p Taxes	26 9:00 Card Crafters 9:30 Wood Carvers 11:45 Lunch 12:30 Eureka City Band 1:00pm Cards 500 6:30pm - Kick Boxing	27 8:15 Dance Fitness <b>9:00-11:00 Quilting Grp</b> <b>930a-12p Cont Watercolor</b> <b>1-330p Beg Watercolor</b> 1:00 Mahjong 6:30pm - Zumba	28 <b>11:00 Advisory Group Meeting</b> 11:45-Lunch 1:00 Bridge	30 8:15-9:15 Dance/Ball Fitness 1:00 Bingo	30

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## MARCH 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
3	4 8:15 Dance/Ball Fitness 9-11 Kaleidoscope Quilt Class 9a-2p AARP Taxes 10:00 Tai Chi 12:45 Discovery Book Club	5 9:00 Card Crafters 9:30 Wood Carvers 11:45 Lunch 12:30 Eureka City Band 1:00pm Cards 500 7-9pm Holiday Appetizer Class	6 8:15 Dance Fitness 9:00-11:00 Quilting Grp 930a-12 Cont Watercolor 1-330p Beg Watercolor 1:00 Mahjong 6:30pm - Zumba	7 11:45 Lunch 1:00 Bridge	8 8:15 Dance/Ball Fitness 1:00 Bingo	9
10 Daylight Savings Time	11 8:15 Dance/Ball Fitness 9-11 Beginners Quilt Class 9a-2p Taxes 10:00 Pinterest Craft Group 10:00 Tai Chi 12:45 Discovery Book Club 7-9pm Ladies Fused Glass	12 9:00 Card Crafters 9:30-Wood Carvers 11:45 Lunch 12:30 Eureka City Band 1:00pm Cards 500 6-8p Fused Glass Studio	13 8:15 Dance Fitness 9:00-11:00 Quilting Grp 9:00 AAA Refresher Class 930a-330p Watercolors 1:00 Mahjong 6:30pm - Zumba 7PM Lake Mtka VFW Post	14 11:00 TED Talks 11:45 Lunch 1:00 Bridge	15 8:15 Dance/Ball Fitness 1:00 Bingo	16 8:30am-3:00pm Spring Garden Fair
17 St. Patrick's Day	18 8:15 Dance/Ball Fitness 9-11 Beginners Quilt Class 9a-2p Taxes 10:00 Tai Chi 12:45 Discovery Book Club Happy Feet (by appt only)	19 9:00 Card Crafters 9:30 Wood Carvers 11a Author Jan Dunlap "Birders & Murders" Pats Day Luncheon	20 1st Day of Spring 8:15 Dance Fitness 9:00-11:00 Quilting Grp 930-a-12 Cont Watercolor 1-330p Beg Watercolor 1:00 Mahjong	21 11:45 Lunch 1:00 Bridge	22 8:15 Dance/Ball Fitness 1:00 Bingo	23 11:00am Tonka Great Bunny Event
24 Palm Sunday	25 8:15 Dance/Ball Fitness 10:00 Tai Chi 9a-2p Taxes 9-11 Quilting Class (TBA) 12:45 Discovery Book Club	26 9:00 Card Crafters 9:30 Wood Carvers 11:45 Lunch 12:30 Eureka City Band 1:00pm Cards 500	27 8:15 Dance Fitness 9:00-11:00 Quilting Grp 1:00 Mahjong 6:30pm - Zumba	28 11:00 Programming Advisory Board - Open to the Public 11:45 Lunch 1:00 Bridge	29 Good Friday Center Closed for Holiday	30
31 Easter						

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## APRIL 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Easter Holiday Center Closed	<b>2</b> <b>Senior Safety Month!</b> 11am Sr Law HC Re- verse Mortgage	<b>3</b> 8:15 Dance Fitness <b>9:00-11:00 Quilting Grp</b> 1:00 Mahjong 6:30pm - Zumba	<b>4</b> <b>11am Easter Lunch</b> <b>Volunteer Apprec</b> <b>w/Mn Go4's Chorus</b> <b>1p Bridge</b>	<b>5</b> 8:15 Dance/Ball Fitness 1:00 Bingo	<b>6</b>
<b>7</b>	<b>8</b> 8:15 Dance/Ball Fitness <b>9-11 Quilting Class (TBA)</b> <b>9a-2p Taxes</b> 10:00 Pinterest Craft Group 10:00 Tai Chi 12:45 Discovery Book Club	<b>9</b> 9:00 Card Crafters 9:30-Wood Carvers 1145a Lunch <b>1p Author Holmes "I Stand w/Courage"</b> 1:00pm Cards 500	<b>10</b> 8:15 Dance Fitness <b>9:00-11:00 Quilting Grp</b> 1:00 Mahjong 6:30pm - Zumba <b>7PM Lake Mka VFW Post</b>	<b>11</b> 1:45-Lunch 1:00 Bridge	<b>12</b> 8:15 Dance/Ball Fitness 1:00 Bingo	<b>13</b>
<b>14</b>	<b>15</b> 8:15 Dance/Ball Fitness <b>9-11 Quilting Class (TBA)</b> <b>9a-2p Taxes</b> 10:00 Tai Chi 12:45 Discovery Book Club	<b>16</b> 9:00 Card Crafters 9:30-Wood Carvers <b>11a ICE In Case of Emerg—Fire Dept Talk</b> 11:45 Lunch	<b>17</b> 8:15 Dance Fitness <b>9:00-11:00 Quilting Grp</b> <b>1:00 AAA Refresher Class</b> 1:00 Mahjong 6:30pm - Zumba	<b>18</b> 11:45-Lunch 1:00 Bridge	<b>19</b> 8:15 Dance/Ball Fitness 1:00 Bingo <b>10:00am-Fused Glass Class</b>	<b>20</b>
<b>21</b>	<b>22</b> <b>Earth Day</b> 8:15 Dance/Ball Fitness <b>9-11 Quilting Class (TBA)</b> 10:00 Tai Chi 12:45 Discovery Book Club <b>Happy Feet (by appt only)</b>	<b>23</b> 9:00 Card Crafters 9:30-Wood Carvers <b>11:00 TED Talks</b> 11:45 Lunch 1:00pm Cards 500	<b>24</b> 8:15 Dance Fitness <b>9:00-11:00 Quilting Grp</b> 1:00 Mahjong 6:30pm - Zumba	<b>25</b> <b>11:00 Programming Advisory Board - Open to the Public</b> 11:45-Lunch 1:00 Bridge	<b>26</b> 8:15 Dance/Ball Fitness 1:00 Bingo	<b>27</b>
<b>28</b>	<b>29</b> 8:15 Dance/Ball Fitness <b>9-11 Quilting Class (TBA)</b> 10:00 Tai Chi 12:45 Discovery Book Club	<b>30</b> 9:00 Card Crafters 9:30-Wood Carvers <b>11a Tisdal Author "Life's Journey"</b> 11:45 Lunch 1:00pm Cards 500				

# SouthShore Center Dining & Upcoming Events

Lunch served on Tuesdays & Thursdays  
at the Southshore Center  
Minimum of 15 people

## Lunch Price Options



**Support Our Lunches**  
Dine-In, Treat a Guest, or Take-Out!  
Call for Reservations: 952-474-7635

**Prepaid Lunch Punch Card: \$40**  
Good for 9 lunches (card is valid for one year)  
**Price Without Punch Card:**  
Members \$5.00 / Guests \$7.00  
**Special Program Lunches:**  
**\$7.00 per person when listed**  
(no punch cards for special event)  
Additional Charge help cover cost of program

### FEBRUARY LUNCH MENUS (See Prices Above) - 12:00

- 5 (Tues) Greek Lasagna
- 7 (Thurs) Chicken Alfredo
- 12 (Tues) Beef Enchiladas
- 14 (Thurs) Sweetheart Lunch  
Coq au Vin
- 19 (Tues) Quiche & Salad
- 21 (Thurs) Italian Beef & Cheese Roll with Sauce
- 26 (Tues) Hot Chicken Salad
- 28 (Thurs) Tator Tot Hot Dish

### MARCH

- 5 (Tues) Tortellini Soup & Salad
- 7 (Thurs) Stuffed Peppers
- 12 (Tues) Chili & Cornbread
- 14 (Thurs) Chicken Divan
- 19 (Tues) St Patrick's Day - Guinness Stew
- 21 (Thurs) Pulled Pork Sandwiches
- 26 (Tues) Chinese Beef & Veggie Casserole
- 28 (Thurs) Chicken Pot Pie

### APRIL

- 2 (Tues) Honolulu Sloppy Joes
- 4 (Thurs) Southwestern Lasagna
- 9 (Tues) Italian Meatball Sandwiches
- 11 (Thurs) Scalloped Potatoes & Ham
- 16 (Tues) Chicken Strudel
- 18 (Thurs) Sweet 'n Sour Meatballs
- 23 (Tues) Hungarian Pork Goulash
- 25 (Thurs) Mary's Meatloaf
- 30 (Tues) Cream of Broccoli Soup & Sandwiches

### SPECIAL SCHEDULED PROGRAMS

**11am - (\$7.00 with Lunch - no punch cards for special event)**  
Encore performance by James Shaw as he plays & croons romantic Valentine's Day melodies for all you sweethearts at heart !

## UPCOMING EVENTS

- ♥ Thursday, May 9 - Mother's Day Tea
- ♥ Thursday, May 16 - Bike Club Lunch & Ride
- ♥ Thursday, May 23 - Spring Pampered Me Boutique
- ♥ Wednesday, May 29 - Senior Health & Fitness Day - sample activities - treats served at the center

\*\* May 31—Country Music in the Park Festival !

**11am - TED Talk How to Discuss Race**

**11am - "Birders & Murders. Oh My" - Author Series with Jan Dunlap**

### \*\*\*\*\*Safety Month at the SouthShore Center\*\*\*\*\*

**11am - (FREE Program)** Senior Law of Hennepin County - Scams & Reverse Mortgages, Are they too good to be true? Sometimes ....

**11am - (Volunteers \$5 - Other Attendees \$7)**  
**Easter Luncheon & Volunteer Appreciation Lunch**  
MN Go4's Chorus & Minnetonka Clippers

**1pm - (\$7.00 with Lunch - no punch cards for special event)** "I Stand with Courage: One Woman's Journey to Conquer Paralysis"-Author series with Kathryn Holmes-Books available

**10am - Hands On CPR & AED Orientation - To Do's ICE (In Case of Emergency) - Presented by the South Lakes Fire Dept. - What to do in an emergency, a death, & other unexpected situations. (FREE)**

**11am - TED Talk - Safety, is it an illusion? (FREE)**

**11am - (\$7.00 with Lunch - no punch cards for special event)** Chuck Tindell - "Life's Journey; Seniors, What's in your Suitcase?"

# SouthShore Center Activities and Programs

www.southshore-center.org

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## Pinterest Craft Group

Mondays at 10:00am

♥ **February 11**

**Paint Chip Bookmarks & Valentine Frame Project**

Bring old buttons & colored papers & pink/red ribbon to share!

♥ **March 11**

Easter Spring Garden Cake  
Cupcake Decorating fun

♥ **April 8**

Modge Podge Pots & Nests Filled with Flowers



## Senior Tai-Chi Classes

Mondays at 10:00 am

**\$48**

Drop-Ins Welcome  
New Class Sessions

**March 4 - April 8**

Instructor Ron Erdman-Luntz has been teaching seniors for 25+ years.

Tai-Chi enhances improving balance, gracing us with greater ease of movement and range of motion, and reducing stress.



**Happy Feet - \$32**  
(3rd Monday of every month)

Feb 18, Mar 18, Apr 15

Services included are:

Foot soak, care for corns, calluses, or thick, curled, or ingrown toenails (if they are not well advanced)

Foot Massage

Call to make an appointment

763-560-5136

**Fused Glass Garden Art Class \$45**

**Friday, April 19**

**10:00am-12:00pm**

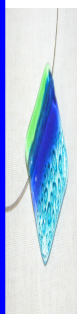
**Mother's Day Ladies Night Out**

*Spring Fused Glass Art*

*or Wire Wrapping Class*

**Thursday, May 9 \$48**

**7:00pm - 9:00pm**



**Dance/Ball Fitness Classes, Mondays & Fridays**

**Dance Fitness Classes - Wednesdays**

**8:15-9:15am**



Exercise & dancing for the active older population, the Baby Boomers, can improve aerobic power, lower body endurance, strength, flexibility, and balance. In other words, it's a dance-fitness class that feels like a party!

## AAA Driving Classes

**Tuesday, February 11**

**5:30pm - 9:30pm**

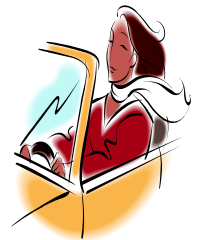
**Wednesday, March 13**

**9:00am - 1:00pm**

Refresher Class

**Wednesday, April 17**

**1:00pm - 5:00pm**



## **Watercolor Classes with Georgia Kandiko**

Bring your own water color supplies & paper or order online for \$20



Continuing Watercolor Classes - \$139 per series

Wednesdays, February 13 - March 20 (6 week series) - 9:30am - 12:00pm

Different lessons demonstrating techniques & interesting watercolor effects.

Beginning Watercolor Series - \$139

Wednesdays, February 13 - March 20 (6 week series) - 1:00pm - 3:30pm

Try watercolor stress free.

Spring Watercolor Series

begins Wednesday, April 10 (6 week series)

Continuing Watercolor Classes - \$139 - 9:30am - 12:00 Noon

Register for either class online: [www.Southshore-center.org](http://www.Southshore-center.org)

Mrs. M Kids Event

## Tonka Great Bunny Event

**\$6 per person**

**Saturday, March 23 11:00am - 1:00pm**

Includes:

- ♥ Pizza Lunch & Bunny Photo
- ♥ Indoor Bunny Parade & Dance
- ♥ Beatrice Potter Theme
- ♥ 5 Bunny Gardens



Call  
952-457-7171  
for  
reservations



Anyone interested in having a  
**Quilt Group or Quilt Classes in the evening?**

If interested

Call Linda Verner 952-475-1430 or  
the Center 952-474-7635 & leave a message for Linda

Call the Center for information 952-474-7635 Visit the Website

[www.Southshore-center.org](http://www.Southshore-center.org)

SouthShore Center  
5735 Country Club Road  
Shorewood, MN 55331-8926

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## SouthShore Senior Partners

*Would you like to advertise in our newsletter? Please contact Theresa or Tena at the SouthShore Center 952-474-7635 or email us at southshorecenter@gmail.com.*

[www.southshore-center.org](http://www.southshore-center.org)

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### **The "SouthShore Times" is getting a FRESH NEW LOOK**

**Watch for your full COLOR May-June issue coming soon!**

**Director Kristi Anderson, Volunteer Linda Verner, & our programming committee will continue to put together the informational content.**

*Activities and upcoming events information will continue to be available at the Center for distribution. Thank you for voicing your support for our newsletter. Your support has helped us in finding a way to continue serving the community & providing them with our informative newsletter!*

Liturgical Publications will publish the end product featuring local advertisers, thus allowing us to print & distribute many more issues to the public to try to grow "audience & participation" for our programs.

In an effort to control distribution costs, we would like to begin providing the SouthShore Times VIA EMAIL to help save on mailing costs...please let us know if you are willing to get your newsletter online and we will send you a bi-monthly issue, PLUS email updates as they happen! What an advantage!



### **AARP Tax Preparation**

**Available on Mondays, February 4 - April 15, (except Feb 18th)  
appointments from 9:00 to 2:00**

I.R.S. Certified Tax-Aide Counselors will assist with your Federal and State Income Tax and State Property Tax/Rent Rebate preparation. This free service is available to all seniors and low-income persons/families. Call 952-474-7635 to make an appointment.