

SOUTHSHORE TIMES

www.southshore-center.org

July and August 2012

Phone 952-474-7635 Address: 5735 Country Club Road, Shorewood MN 55331



What's New This Month?

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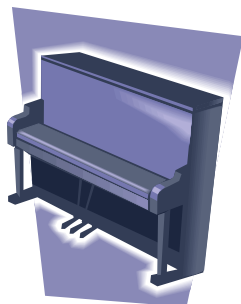
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Shining Stars Luncheon! Honoring our Seniors 85+ On Tuesday, July 24th at 11AM

Join us to celebrate with Ragtime, Show Tunes, Piano, and Musicals from the likes of Oklahoma, My Fair Lady, and the era of the Rat Pack, Bobby Darren, Fatz Walter, & MORE! Musician James Shaw will be there to entertain us at this event with songs and popular music. Following the presentation, enjoy a summer luncheon.



Seniors 85+ FREE

\$7 for guests under age 85

**Tuesday, July 24th at
11:00 AM.**

Please RSVP 952-474-7635.

TED Talks!

Come be a part of the discussion this month at TED talks! **On Thursday, July 19th**, beginning at 11:00, we invite you to participate in watching a 20 minute lecture, followed by a discussion. A video replay of a thought provoking lecture will take place, followed by a discussion, and quite possibly a debate. The first discussion will be about Dan Gilbert's lecture, **Why Are We Happy?** In this lecture Gilbert challenges the idea that we will be miserable if we don't get what we want.

On Thursday, August 9th 11:00 our next discussion, titled, **Are Schools Killing Creativity In Our Children?** Will be based off the lecture given by Ken Robinson where he argues that people are born with creativity and educated out of it. For more information, visit TED.com.



Call the Center for information 952-474-7635 Visit the Website www.Southshore-center.org or stop by 5735 Country Club Road, Shorewood MN 55331

SouthShore Center Events and Trips

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The senior trips sponsored through SCS have been selected! Please call Sue Gallus 952-541-1019 x316 to register or for more details.. The following locations have been selected for this year's travels:

Nova Scotia September 5-18, 2012
Down a Country Road at the National Eagle Center September 7-9, 2012
Mackinac Island & Agawa Canyon September 10-15, 2012

Cape Cod September 17-25, 2012

Vermont Countryside September 18-28, 2012

Cranberry Festival September 28-29, 2012

New England States September 26-October 9, 2012

Door Country at the National Eagle Center October 17-20, 2012

Smokey Mountain Colors at the Kentucky Horse Park and Derby Museum October 18-26, 2012

Branson Christmas November 8-12, 2012

Branson Holiday November 15-19, 2012



SSSP Board Members

President: Bob Newman **Vice-President:** Sue Peck
Treasurer: Joanne Schmid **Secretary:** Theresa Zerby
Members:
Tena Brandhorst Linda Freeman, Sandy Hotvet,
Woody Love, Catherine Turner,
Jane Stein, Howard Young



Interested in a Memorial Blood Drive?

The SSC would like to host a Blood Drive in September but we need people to volunteer to sign a Blood Donation Pledge Form today in order to bring the Memorial Blood Center of Minnesota to our community. We need to show them there are enough citizens interested in contributing. Please call 952-474-7635 or pledge online by July 30th.

American Legion Thank You

The South Shore Senior Partners would like to thank the American Legion for their generous contribution from the Omelet Breakfast. The Sons of the American Legion play an active role in our community. Their continued support and participation is greatly appreciated. Please support them by stopping by and getting involved with activities this summer!

Thank you!

Eighth Annual One Book, One Community

August 1st 7-8:30 pm



The Excelsior Library will be having the eight annual One Book, One Community author event. Stop by to get a book signed by author Theresa Weir. She will be talking about her book, "The Orchard."

Call the Center for information 952-474-7635 Visit the Website www.Southshore-center.org or stop by 5735 Country Club Road, Shorewood MN 55331

Jam Making

Come join the fun on August 17th! This is our second annual jam making session and last year was a blast! We will be making jam to sell at Apple Days as a fundraiser between 8:30-3:30. Please call to sign up. 474-7635



© Prawny * www.ClipartOf.com/66090

Fused Glass Stepping Stone Class

Create elegant or useful yard art, or an entire collection to add to the garden! Register to participate online or call the center at 952-474-7635.

**Sunday, July 15th from 12-3
Or
Monday July 16th from 7-9**

Alexander Technique Lecture & Demo Lecture

Monday, July 9, 6-7 pm

FREE

Have you wondered what the Alexander Technique is? Come join us as we explore this 100 year-old technique that helps bring about mind/body integration, releases unnecessary tension and stress that may cause injuries, and enhances the quality of life and performance while responding to life's many challenges with ease and poise.

**Introduction Series Mondays,
6-7:30 p.m. July 16 through August
27 \$59 for seven classes**

Includes individual instruction within a group setting and one 15-minute private lesson taught by Lisa Galbraith Heyl, certified teacher with over 24 years experience. For more information call Lisa at 952.476.0341. OR register online at www.Southshore-Center.org.

Quillow Making

A "quillow" is a quilt with a pillow pouch attached. It is not necessary to be a quilter to make it. Baby, lap, and adult quillow patterns are available. The classes are on **Mondays from 9-11 am on August 6th, 13th, and 20th.**

Beginner Quilt Class-Part II

This 4 week class will be held on **Mondays from 9-11 am.** The classes will be held on 7/9-7/30.

Bring your own quilt and join the class to learn how to put it together. Some sewing experience is needed to participate.



Bayview Boat Cruise Monday, August 20th

Join us on an 1-1/2 hour boat cruise with a sandwich, fruit, chips, cookie, and beverage on beautiful Lake Minnetonka. The boat cruise lunch usually costs \$25, but is being offered at a discounted price of \$18 for members, and \$20 for non-members. Tickets are available from the receptionist at the SouthShore Center. Limited space is available so buy tickets soon! The cruise will go rain or shine, and tickets are non-refundable.

Board time is 11:15 behind the Bayview Event Center with parking available across the street. The boat will return at 1:00 pm.

25 people are needed or the cruise will be canceled. Tickets must be purchased by Thursday, August 16th.



"Name Our Ice Cream" Contest and Ice Cream Social!

Amoos Artisan Ice Cream is the new vendor at the center! Come by and help us select a name with your suggestions. They can be submitted at the SSC or at Excelsior Bay Books. The contest runs from July 1st-July 20th.

The chosen flavor winner will receive an Excelsior Bay Books gift certificate and be the featured flavor Thursday, August 16th at the Ice Cream Social between 2-4.



AAA Drivers Refresher Course Monday, July 16, 1-5 pm or Wednesday, August 15, 9am-1 pm

Only one 4-hour refresher course required per year. Call 1-888-234-1294 to register.



SouthShore Center Calendar

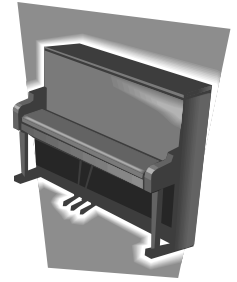
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July 2012




Mon

Tue

Wed

Thu

Fri

2	3	4	5	6
8:15-Dance Fitness 8:45 Ball Fitness 12:45pm-Discovery Class	9-Card Crafters 9:30-Wood Carvers 12:30-Eureka Band 11:45-Lunch 1pm-Cards 500	Center closed Independence Day 	11:45-Lunch 1pm-Bridge	8:15-Dance Fitness 8:45 Ball Fitness 1pm-Bingo
9 8:15-Dance Fitness 8:45 Ball Fitness 9-11 Beginer Quilt class 12:45pm-Discovery Class 6-7 PM Alexander tech- nique	10 9-Card Crafters 9:30-Wood Carvers 12:30-Eureka Band 11:45-Lunch 1pm-Cards 500	11 8:15-Dance Fitness 8:45 Ball Fitness 1-Mahjong	12 11:45-Lunch 1pm-Bridge	13 8:15-Dance Fitness 8:45 Ball Fitness 9-10:30 Tech club Smart Phones 1pm-Bingo
16 8:15-Dance Fitness 8:45 Ball Fitness 9-3 Happy Feet 12:45pm-Discovery Class 1-5PM AAA DRIVING 7-9PM Stepping Stone class	17 9-Card Crafters 9:30-Wood Carvers 11:45-Lunch 12:30-Eureka Band 1pm-Cards 500 Jr Cooking class	18 8:15-Dance Fitness 8:45 Ball Fitness 1:00 Mahjong	19 11:00 TED TALKS 11:45-Lunch 1pm-Bridge	20 8:15-Dance Fitness 8:45 Ball Fitness 1pm-Bingo
23 8:15-Dance Fitness 8:45 Ball Fitness 12:45pm-Discovery Class	24 9-Card Crafters 9:30-Wood Carvers 11:00-Shining stars- Luncheon 12:30-Eureka Band 1pm-Cards 500	25 8:15-Dance Fitness 8:45 Ball Fitness 1-Mahjong	26 11:00 Programming meeting 11:45-Lunch 1pm-Bridge	27 8:15-Dance Fitness 8:45 Ball Fitness 9-10:30 Tech Club eve- rything I (ipads, iphones) 1pm Bingo
30 8:15-Dance Fitness 8:45 Ball Fitness 12:45pm-Discovery Class	31 9-Card Crafters 9:30-Wood Carvers 1pm-Cards 500	1 8:15-Dance Fitness 8:45 Ball Fitness 1-Mahjong	2 11:45-Lunch 1pm-Bridge	3 8:15-Dance Fitness 8:45 Ball Fitness 1pm Bingo

SouthShore Center Calendar

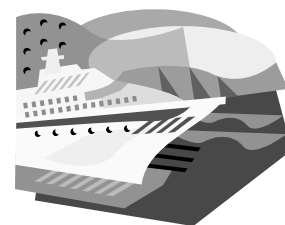
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August 2012



Mon

Tue

Wed

Thu

Fri

30	31	1	2	3
8:15-Dance Fitness 8:45 Ball Fitness 12:45pm-Discovery	9-Card Crafters 9:30-Wood Carvers 11:15-Blood Pres.Check 12:30-Eureka Band 11:45-Lunch 1pm-Cards 500	8:15-Dance Fitness 8:45 Ball Fitness 1-Mahjong 7-8:30 One Book One Community	11:45-Lunch 1pm-Bridge	8:15-Dance Fitness 8:45 Ball Fitness 1pm-Bingo
6 8:15-Dance Fitness 8:45 Ball Fitness 9-11 Quillow class 12:45pm-Discovery Class	7 9-Card Crafters 9:30-Wood Carvers 12:30-Eureka Band 11:45-Lunch 1pm-Cards 500	8 8:15-Dance Fitness 8:45 Ball Fitness 1-Mahjong	9 11:00 TED TALKS 11:45-Lunch 1pm-Bridge	10 8:15-Dance Fitness 8:45 Ball Fitness 10AM Beginner's computer class 1pm-Bingo
13 8:15-Dance Fitness 8:45 Ball Fitness 9-3 Happy Feet 9-11 Quillow class 12:45pm-Discovery club	14 9-Card Crafters 9:30-Wood Carvers 11:45-Lunch 12:30-Eureka Band 1pm-Cards 500 PRIMARY ELECTIONS	15 8:15-Dance Fitness 8:45 Ball Fitness 9-1PM AAA Driving 1-Mahjong	16 11:45-Lunch 1pm-Bridge 2-4PM Ice cream Social	17 8:15-Dance Fitness 8:45 Ball Fitness 9-3 SSSP JAM MAKING 1pm-Bingo
20 8:15-Dance Fitness 8:45 Ball Fitness 9-3 Happy Feet 9-11 Quillow class 11:15 Bayview cruise 12:45pm-Discovery club	21 9-Card Crafters 9:30-Wood Carvers 11:45-Lunch 12:30-Eureka Band 1pm-Cards 500	22 8:15-Dance Fitness 8:45 Ball Fitness 1-Mahjong	23 10a Book Club 11-12 Programming advisory group 11:45-Lunch 1pm-Bridge	24 8:15-Dance Fitness 8:45 Ball Fitness 1pm-Bingo
27 8:15-Dance Fitness 8:45 Ball Fitness 12:45pm-Discovery club	28 9-Card Crafters 9:30-Wood Carvers 11:45-Lunch 12:30-Eureka Band 1pm-Cards 500	29 8:15-Dance Fitness 8:45 Ball Fitness 1-Mahjong	30 11:45-Lunch 1pm-Bridge	31 8:15-Dance Fitness 8:45 Ball Fitness 1pm-Bingo

SouthShore Center Dining

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July and August Lunch Menus

July 3 Tortellini Soup & Salad

July 5 Tator Tot Hot Dish

July 10 Cornish Pasties

July 12 Elisa's Tarragon Chicken Salad

July 17 Sloppy Joes & Baked Beans

July 19 Spanish Rice & Sausage Casserole

July 24 **Artichoke Chicken
Shining Star Lunch**

July 26 Italian Meatloaf

July 31 Enchiladas

August 2 Stuffed Peppers

August 7 Chow Mein

August 9 Greek Lasagne

August 14 Chicken Pot Pie

August 16 Quiche & Salad

August 21 Hot Italian Meatball Sandwiches

August 24 Sweet 'n Sour Pork

August 28 Apricot Chicken

August 30 Tuna Casserole

Dining Cards For Sale

Metro Dining Club Cardsavers are on sale while supplies last! Each set of cards contains 160 restaurant discounts that can be used each month for a whole year. Pick up your MDC Cards at the SSC today for just \$22 for the entire set. Stop by to see a complete list of restaurants and some sample menus!



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SouthShore Center Fitness and Fun

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ZUMBA Wednesdays 10:00 \$5

Come join a fun and effective dance class! This Latin-inspired fitness fiesta provides a great work out for people of all dance abilities. While having fun, participants will get a great core work out with a full-body cardio workout.

Zumba is great for people of all ages. It can improve stretch and endurance, and even help people master few basic salsa steps.

Come join the fun!



Pickleball Begins in July

Pickleball is a fun game played on a badminton court with the net lowered. The ball is a plastic ball similar to a whiffle ball that is hit with paddles. It is easy to learn and can become a competitive match quickly! Join the fun and learn a new sport with us starting in July. Stay tuned for exact dates and times.



Tech Club Fridays

Smart Phones

July 13th
9-10:30 am

Bring your smart phones! Learn what smart phones can do for us and how to operate them.

Everything "I"

July 27th
9-10:30 am

IPADS, IPODS, IPHONES, ITOUCH. Bring anything "I" and learn how to use it!

Please call to sign up 474-7635. Class will be cancelled if we do not meet a minimum of 5 participants.



Call the Center for information 952-474-7635 Visit the Website www.Southshore-center.org or stop by 5735 Country Club Road, Shorewood MN 55331

SouthShore Center Upcoming Events

What's Ahead in September & October?

Wednesdays 1-3:30

Beginning Watercolor Series with Georgia Kandiko. Session I dates: September 12, 19, 26. Session II dates: October 17, 24, 31, November 7.

Wednesdays 9:30-Noon

Continuing Watercolor Series with Georgia Kandiko

Friday September 14th Dusk

Movie in the Park: Big Miracle (PG)

Friday, September 21st 9:30-Noon

Basket Weaving

Thursday September 27th 3-7

Indoor Community Garage Sale & Appraisal Fair

Wednesday October 3rd

Old Log Cabin Presentation of "A Perfect Wedding" Call to reserve for lunch and show.

Saturday October 6th 6-9pm

3rd annual Oktober fest with the Excelsior Brewing Company.

Monday, October 15th 6-8:30 pm

Basket Weaving

Tuesday, October 15th 9:30-3:30

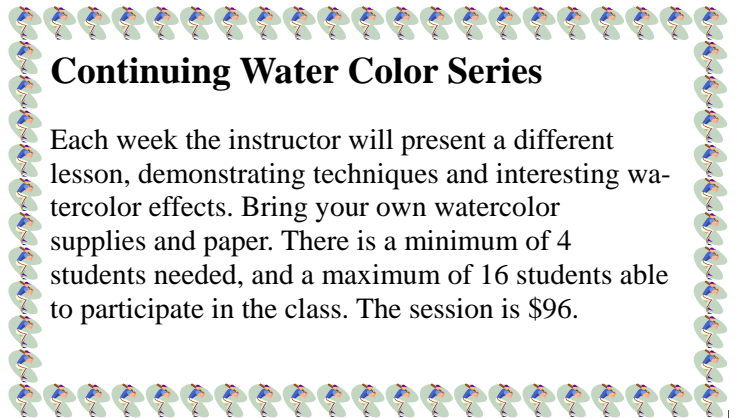
Mosaic Topped, Velvet Lined Treasure Box Workshop with Georgia Kandiko

Monday, October 25th 9:30-3:30

Mosaic Topped, Velvet Lined Treasure Box Workshop with Georgia Kandiko

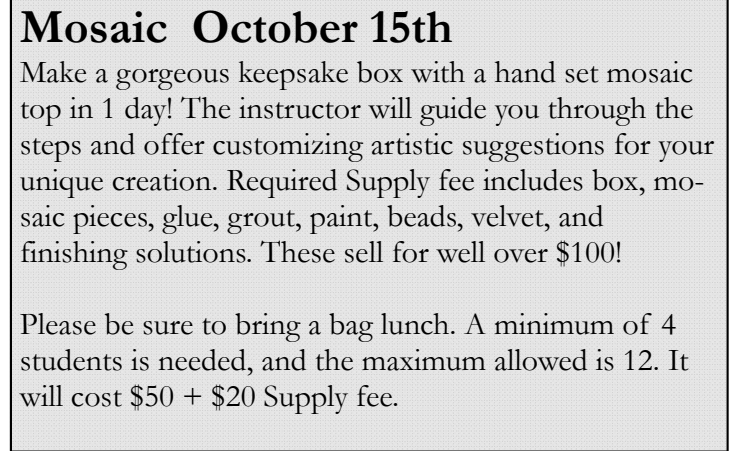
Beginning Water Color in September/ October

A minimum of 4 students is needed for the class (maximum of 12) and will cost \$92. There is an optional supply fee of \$20 that is available upon registration. Come to learn different techniques and styles of water color!



Continuing Water Color Series

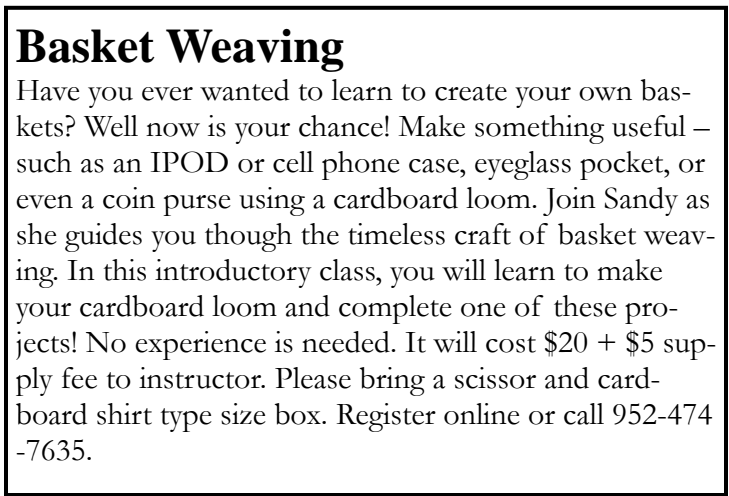
Each week the instructor will present a different lesson, demonstrating techniques and interesting watercolor effects. Bring your own watercolor supplies and paper. There is a minimum of 4 students needed, and a maximum of 16 students able to participate in the class. The session is \$96.



Mosaic October 15th

Make a gorgeous keepsake box with a hand set mosaic top in 1 day! The instructor will guide you through the steps and offer customizing artistic suggestions for your unique creation. Required Supply fee includes box, mosaic pieces, glue, grout, paint, beads, velvet, and finishing solutions. These sell for well over \$100!

Please be sure to bring a bag lunch. A minimum of 4 students is needed, and the maximum allowed is 12. It will cost \$50 + \$20 Supply fee.



Basket Weaving

Have you ever wanted to learn to create your own baskets? Well now is your chance! Make something useful – such as an IPOD or cell phone case, eyeglass pocket, or even a coin purse using a cardboard loom. Join Sandy as she guides you through the timeless craft of basket weaving. In this introductory class, you will learn to make your cardboard loom and complete one of these projects! No experience is needed. It will cost \$20 + \$5 supply fee to instructor. Please bring a scissor and cardboard shirt type size box. Register online or call 952-474-7635.



Please make sure if you are paying for a program sponsored by the SSSP that all checks are made Payable to:

SouthShore Senior Partners
(SSSP)
Thank you!

Call the Center for information 952-474-7635 Visit the Website www.Southshore-center.org or stop by 5735 Country Club Road, Shorewood MN 55331

SouthShore Center
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Shorewood, MN 55331-8926

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Would you like to advertise in our newsletter? Please contact Theresa or Tena at the Southshore Center 474-7635 or email us at southshorecenter@gmail.com.

SouthShore Center

www.southshore-center.org

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Become a SouthShore Senior Partner Today and Join the Fun!

Name: _____

Address: _____

Phone: _____ Email: _____

I prefer to receive my newsletter via email: Circle Yes or No

Birth Date (optional)

____/____/____

I am 55+: Circle Yes or No

I would like to volunteer—My Interests are _____

Membership pricing :

Single \$25 Double \$40

Supporting \$50—\$99

Sustaining \$100+ Business Sponsorships:

Silver level \$100 Gold \$500 Platinum \$1000

Membership Benefits:

- ◆ Lunch Discount
- ◆ SouthShore Times Newsletter
- ◆ Discounts on Special Events
- ◆ Discounts on select classes
- ◆ Note: Memberships now have a 1 year expiration date from the day you join!

Please clip and return your application with payment to SSSP or SouthShore Senior Partners
5735 Country Club Rd.
Shorewood, MN 55331

