Southshore Center

See more SSC programs or register at www.southshore-center.org, or call 952.474.7635.

Cinderella Daddy-Daughter Ball

Friday, September 21, 6:30-8 pm; $24 per couple

This is an evening your princess will never forget! Enjoy music, snacks, a gift bag, and meet your favorite princess characters! Register online. Space is limited.

Indoor Garage Sale and Antique Roadshow Appraisal Fair

September 27, 3-7 pm; September 28, 8 am-2 pm; Appraisals $5 3-7 pm Thursday, September 27

Shop or sell at the annual SSC Garage Sale and our version of Antique Roadshow! To have booth space for only $35, call the center, 952.474.7635. If you don't want to sell, start looking through the attic and garage for those hidden valuables. Park Lane Estates will offer verbal appraisals of antiques and heirloom jewelry for only $5 on Thursday, September 27, 3-7 pm!

Programs for Kids

Just for KIX Dance
Mondays or Tuesdays beginning Oct 1

As an established youth dance program, Just For Kix is a leader in dance instruction. We offer proven technical training, a focus on teamwork and a respectful experience to our students. With a strong balance of fun and technique in our classes, we create a teaching environment that is low stress and less pressure. Register or get more information at *http://www.justforkix.com/danceclasses/Minnetonka_MN.*

Get Fit

Cardio Kick Boxing
Tuesdays 6:30 pm beginning Sept 11, $12/drop-in; $10/pre-reg

Sculpt your body while you have a great time. Beginners and advanced welcome.

ZUMBA
Wednesdays beginning 9/12 at 6:30 pm

$10. Drop-ins, 12-class punch card $80 Get fit in this Latin inspired dance fitness class. All levels welcome.

YOGA Classes
Sept11-Oct 23, 7:30-8:30 pm
7 Week Session $70/Drop-in $12/class

Learn the great sport and excercise that Yoga can be, with a twist of some Belly Dancing mixed in for fun. Enjoy instructor Mary McCarthy's vigorous based approach to vinyasa yoga.

Lifeline Screening
Wednesday, Sept 12, 9 am-5 pm
Must schedule an appointment!

This program screens participants for stroke helping you to prevent having a stroke. Call 1.800.324.1851 for an appointment and cost information.

Alexander Technique Lecture & Demo
Thursday, Sept 6, 6-7 pm; FREE

Come join us as we explore this 100 year-old technique that helps bring about mind/body integration, releases unnecessary tension and stress that may cause injuries, and enhances the quality of life and performance while responding to life's many challenges with ease and poise.

Alexander Technique Intro Series
Mon, 6-7:30 p.m., through Aug. 27, single class drop-in $10
Fall series: Thursdays, Sept. 13-Nov. 1

Includes individual instruction within a group setting during 7 classes and one 15-minute private lesson taught by Lisa Galbraith Heyl, certified teacher with over 24 years experience. For more information call Lisa at 952.476.0341.

Art and Garden

Fused Glasses
Dish or Pendant, Oct. 14, 12-3 pm; $38
Parent/child, Oct. 28, 12-3 pm, $45/pair
Ladies Night/Happy Hour, Oct. 29, $38

See more dates on the SSC website!

Continuing Watercolor Series with Georgia Kandiko
Wednesdays 9:30 am – Noon
Session I dates: Sept 12, 19, 26, (No class Oct 3) Oct 10;
Session II dates: Oct 17, 24, 31, Nov 7
Cost: $92 Session, opt. supply fee $20

Each week the instructor will present a different lesson demonstrating techniques and interesting watercolor effects. Bring your own watercolor supplies and paper or order when registering,

Beginning Watercolor Series with Georgia Kandiko
Wednesdays 1 pm – 3:30 pm
Session I dates: Sept 12, 19, 26, (No class Oct 3) Oct 10;
Session II dates: Oct 17, 24, 31, Nov 7
Cost: $92 Session, opt. supply fee $20

Try watercolor stress free with minimal investment in the materials. Paint, paper, brushes, and palette are provided. Through technique demonstrations including wet-into-wet, glazing, graded wash, and dry brush application, you will learn to create delightful landscape, abstract, and floral paintings.

Basket Weaving
Fri., Sept. 21, 9:30 am-12 pm OR
Mon., Oct. 15, 6-8:30 pm
$20 + $5 supply fee

Make an IPOD, cell or eyeglass case, or even a coin purse, using a cardboard loom.

Mosaic Topped, Velvet Lined Treasure Box Workshop with Georgia Kandiko
9:30 am-3:30 pm
Session I date: Monday, October 15
Session II date: Thursday, October 25.
Minimum 4 students/Maximum 12 **;**
Cost: $50 Workshop + $20 Supply fee

Make a keepsake box with a hand set mosaic top in 1 day! The instructor will guide you through the steps and offer customizing artistic suggestions for your unique creation. Supply fee includes box, mosaic pieces, glue, grout, paint, beads, velvet, and finishing solutions.

Adult Programs

TED Talks
What if our Healthcare System Kept Us Healthy?
Thursday, September 13, 11 am

A video replay of a TED Talk by Rebecca Onie asks, "Should our health care system be more broadly intervening in patients' lives to attack the root causes of their illnesses?' *RSVP at 952.474.7635*. Lunch available at the center following the talk. For more information on TED Talks, go to *www.TED.com.*

Old Log Theatre
Wednesday, Oct. 3, 11:30 am; $32

Enjoy a presentation of A Perfect Wedding, including lunch and a back stage tour! Meet at the center. Call to reserve your spot, 952.474.7635.

Cooking

Fall Soup Class
Thursday, October 4, 7 pm OR
Tuesday, November 6, 7 pm, $39

Encore favorite! Make and take a variety of fall flavors including Thai Noodle Bowl, Roasted Vegetable with Kale and a new twist on our favorite Seafood chowder.

Community Events

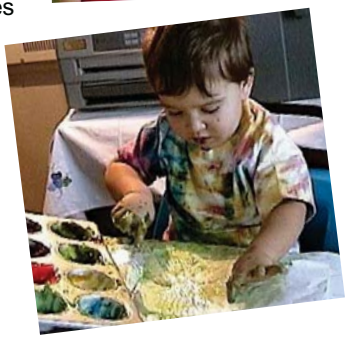
Oktoberfest
Saturday, October 6, 5-8 pm, FREE

Join us at our 3rd annual Oktoberfest celebration! This year we partner with Excelsior Brewing Company and Cellars Wine and Spirits. Wear your polka best, bring the family, and enjoy free music, food, and beer tasting.

Pampered Me Holiday Boutique & Ladies Night Out
Thursday, Nov. 8, 4-9 pm, FREE

Enjoy shopping, sipping, socializing and sampling! No registration necessary.

School Year Classes with Mrs. M



Each weekly theme will include games, songs and an art project. Don't miss out for even a week. By the end, we'll be able to make a Nature Scrap Book, A-Z with Mrs. M! Classes are Monday through Friday. Regular classes can join in for School Days Out if they like. All kids ages 3-12 are welcome for all of the programs. All classes take place at Southshore Center, 5735 Country Club Rd, Shorewood, 55331. Schedule dates and times, call Mrs. M at 952.457.7171. Complete descriptions are available online, *www.MrsMsCampsandEvents.org.*

Class Times: 9:30-11 am, or 11 am-12:30 pm (bring a lunch) or 12:30-2 pm; School out days 10 am-3 pm; $8 each section

September
3-7 Apples, Aardvarks & Apple Art!
10-14 Bears, Boats & Boat Art!
17-22 Cookies, Cars & Car Art!
24-28 Dipping Snacks, Dogs, & Dog Art!

October
1-5 Elephants, Eggs & Egg Art!
8-12 Fish, Feathers & Feather Art!
15-19 Grapes, Gorillas & Grape Art!
22-26 Hippos, Hopscotch & Hopscotch Art!
29-Nov.2 Iguanas, Ice Cream & Ice Cream Art!

November
5-9 Jaguars, Jelly Beans & Jelly Bean Art!
12-16 Koalas, Kites & Kite Art!
19-23 Lions, Lemonade & Lemonade Stand Art
26-30 Monkeys, Marbles & Marble Art

December
3-7 Names—Animal, Nuts & Nut Art !
10-14 Ostrich, Orange & Ostrich Art!
17-21 Peacock, Popcorn & Popcorn Art!
26-28 Quail, Quill & Quill Art
31-Jan. 4 Holiday Party Week!

"No cancel" guarantee! These classes will never be canceled due to low enrollment.

Programs for Seniors

There are many more programs and classes offered for seniors. Contact the Southshore Center, 952.474.7635, to be added to the newsletter mailing list, or go to www.southshore-center.com.

Flu Shot Clinic
Friday, September 21, 9:30-10:30 am
Flu and pneumonia shots will be offered by the Minnesota Visiting Nurses Association. For an appointment and cost information, please call SSC at 952.474.7635.

AAA Driving Class: Refresher
September 10, 1-5 pm
November 14, 1-5 pm
First time class: Two-part
October 8 and 9, 5:30-9:30 pm
Call 1.888.234.1294 to register for or get more information on these 55 and over classes.

Old Log Theater
Wednesday, October 3, 11:30 am, $32
Meet at SSC and we will carpool to Old Log for a presentation of Perfect Wedding, A riotous comedy about a man who wakes up on the morning of his wedding with a dreadful hangover, a bump on his head and a stranger in his bed--just the beginning of a chain of comic disasters, lame excuses and false confessions, Fee includes ticket, lunch, and a backstage tour! Call to reserve your spot, 952.474.7635.

Oktoberfest

5-8 pm, Saturday, October 6

Food • Music • Drink

The entire family will enjoy this free fall event! German music, food, and drink samples courtesy of Cellars Wine and Spirits and Excelsior Brewery. Kids will enjoy an Inflata-fun moon bouncer provided by Shorewood True Value.